

**2019 BCWCA Girls' Spring Track All-County Teams****2019 BCWCA Girls' Spring Track Large School Champions : Demarest HS****2019 BCWCA Girls' Spring Track Small School Champions : Glen Rock HS****2019 BCWCA Coach of the Year: Brendan Kenny - Demarest HS****FIRST TEAM ALL COUNTY**

<i>Event</i>	<i>Name</i>	<i>School</i>	<i>Grade</i>	<i>Coach</i>
100m	Kayce Darby	Teaneck	9	Charlie Lovelace
200m	Mariah Fede	Paramus Catholic	11	Bryan Durango
400m	Nicole Barbaro	Academy of Holy Angels	11	Howie Schuman
800m	Kyla Krawczyk	Northern Highlands	11	Tom Viscardi
1600m	Kayla Jarski	Westwood	10	George Glover
3200m	Allison Lounsbury	Indian Hills	9	Rob Osieja
HH	Grace O'Shea	Ramapo	12	Bill Manzo
Intermediate Hurdles	Grace Smiechowski	Northern Highlands	11	Tom Viscardi
4x400m Relay	Grace O'Shea	Ramapo	12	Bill Manzo
	Sophia Schwartz		11	
	Sophia Vernieri		10	
	Cortney Lander		10	
High Jump	Jenna Rogers	Rutherford	11	Curtis Arsi
Pole Vault	Alyssa Fico	Ramsey	12	Matt Wynne
Long Jump	Kennedee Cox	Paramus Catholic	12	Bryan Durango
Triple Jump	Tiffany Bautista	Paramus Catholic	12	Bryan Durango
Shot Put	Brianna Thomas	Paramus Catholic	10	Bryan Durango
Discus	Julietta Ambartsoumian	NV Demarest	10	Brendan Kenny
Javelin	Alianna Eucker	Bergen County Tech	10	Ken Cevoli
4x100 Relay	Grace O'Shea	Ramapo	12	Bill Manzo
	Sophia Schwartz		11	
	Sophia Vernieri		10	
	Cortney Lander		10	
4 x 100m Relay	Isabelle Dely	Paramus Catholic	12	Bryan Durango
	Mariah Fede		11	
	Kiyara Santos		12	
	Lindsey Desir		12	
4 x 800 Relay	Katie Keyes	Ridgewood	12	Steve Opremcak
	Virginia Morley		12	
	Lily Williams		9	
	Cassie Keyes		12	
AT LARGE	Katherine Muccio	Ridgewood	12	Steve Opremcak
	Marisa DiGia	Old Tappan	11	Jeff Clark
	Karina Roze	Glen Rock	11	JP McCarten
	Cam Wennersten	Ridgewood	9	Steve Opremcak
	Angelina Tapia	Tenafly	11	Dana Bianchi
	Daisy Liljegren	Northern Highlands	11	Tom Viscardi

**SECOND TEAM ALL COUNTY**

<i>Event</i>	<i>Name</i>	<i>School</i>	<i>Grade</i>	<i>Coach</i>
100m	Jordan Mayo	Tenafly		
200m	Gabriela Manjarrez	Fair Lawn		
400m	Sophia Vernieri	Ramapo		
800m	Grace McCullough	Teaneck		
1600m	Lily Williams	Ridgewood		
3200m	Corrine Barney	Indian Hills		
HH	Sarah Hutchins	Glen Rock		
Intermediate Hurdles	Ashley Constantine	Demarest		
4x400m Relay	Hailey Pataki	Northern Highlands		
	Grace Smiechowski			
	Kyla Krawczyk			
	Mackenzie Burgoyne			

<b>High Jump</b>	Ellie Veenhof	Ridgewood		
<b>Pole Vault</b>	Kyra Muller	Mahwah		
<b>Long Jump</b>	Isabelle Dely	Paramus Catholic		
<b>Triple Jump</b>	Nilya Rhoomes	Lodi		
<b>Shot Put</b>	Jada Sewell	Demarest		
<b>Discus</b>	Gabrielle Grupenhof	River Dell		
<b>Javelin</b>	Alicia Lafrate	Demarest		
<b>4 x 800</b>	Sarah Adams	Ramapo		
	Samantha Secora			
	Sophia Vernieri			
	Megan Schneider			
<b><u>THIRD TEAM ALL COUNTY</u></b>				
<b><i>Event</i></b>	<b><i>Name</i></b>	<b><i>School</i></b>	<b><i>Grade</i></b>	<b><i>Coach</i></b>
<b>100m</b>	Sanai Bryant	Englewood		
<b>200m</b>	Sophia Schwartz	Ramapo		
<b>400m</b>	Tatiana Beutel	Westwood		
<b>800m</b>	Cassie Keyes	Ridgewood		
<b>1600m</b>	Sarah Geormaneanu	Park Ridge		
<b>3200m</b>	Shannon Clancy	Bergen Tech		
<b>HH</b>	Emily Grubb	Ramapo		
<b>Intermediate Hurdles</b>	Victoria Purritano	Ridgewood		
<b>4x400m Relay</b>	Maris Rodriguez	Holy Angels		
	Nicole Barbaro			
	Eliza Hoover			
	Abigail Sheehan			
<b>High Jump</b>	Kaela Monte	Ramsey		
<b>Pole Vault</b>	Jamie Rossig	Paskack Hills		
<b>Long Jump</b>	Julia Morrone	Hackensack		
<b>Triple Jump</b>	Sara Vandenaddem	Ridgewood		
<b>Triple Jump</b>	Talia Ferguson	Hasbrouck Heights		
<b>Shot Put</b>	Brynn Madonna	Northern Highlands		
<b>Discus</b>	Erin Karaway	Saddle Brook		
<b>Javelin</b>	Hailey Romero	Fair Lawn		
<b>4 x100 Relay</b>	Ciara Nicholas	Hackensack		
	Zharia Scott			
	Shanice Murray			
	Monae Mattis			
<b>4 x 800m Relay</b>	Amanda Mircovich	River Dell		
	Kellie O'Donnell			
	Adriana Scipioni			
	Anya Halecky			