

2017 BCWCA Girl's Spring Track All-County Teams**2017 BCWCA Small School - Team of the Year: Hasbrouck Heights HS****2017 BCWCA Large School - Team of the Year: Ridgewood HS****2017 BCWCA Coach of the Year: Danielle Centurione - Park Ridge HS**

1st Team	Name	Grade	School	Coach
100m	Olivia Florio	12	Northern Highlands	Tom Viscardi
200m	Katherine Muccio	10	Ridgewood	Steve Opremcak
400m	Megan Gasnick	11	Park Ridge	Danielle Centurione
800m	Lexi Del Gizzo	12	Tenafly	Dave Burns
800m	Caroline O'Sullivan	11	Old Tappan	Jeff Clark
1600m	Mackenzie Hughes	10	Holy Angels	Howard Schuman
3200m	Corinne Barney	9	Indian Hills	Brian Rochford
100 Hurdles	Isabelle Dely	10	Paramus Catholic	Bryan Durango
400 Int. Hurdles	Grace Smiechowski	9	Northern Highlands	Tom Viscardi
4x400m	Steph Behrens	11	Ramapo	Bill Manzo
	Grace O'Shea	10		
	Sophia Schwartz	9		
	Sarah Adams	10		
4x100m	Morgan Florio	12	Northern Highlands	Tom Viscardi
	Olivia Florio	11		
	Robine Arami	12		
	Morgan Valente	12		
4x800m	Christina Bagin	9	Holy Angels	Howard Schuman
	Abby Sheehan	10		
	Olivia Mandella	10		
	Tara Lyons	11		
High jump	Jenna Rogers	9	Rutherford	Curtis Arsi
Pole Vault	Michelle Rubinetti	12	Demarest	Brendan Kenny
Pole Vault	Jessica Ippolito	12	Fair Lawn	John Van Soest
Pole Vault	Melissa Purcell	11	Pascack Valley	Tim Wilson
Long Jump	Tiffany Bautista	10	Paramus Catholic	Bryan Durango
Long Jump	Faith Sutton	12	Paramus Catholic	Bryan Durango
Triple Jump	Lauren Stern	11	Mahwah	Shawn Rembecky
Triple Jump	Zea Barr	11	Teaneck	Charlie Lovelace
Shot Put	Kassandra Ketcho	11	Hasbrouck Heights	John Valenti
Discus	Fernanda Maldonado	12	River Dell	Lou Sirgnano
Javelin	Jessie Geller	12	Demarest	Brendan Kenny
Javelin	Samantha Gioiosa	12	Bogota	Pat Rochford
2nd Team	Name	Grade	School	Coach
100m	Christian Rasnake	12	IHA	
200m	Maria Rodriguez	9	Holy Angels	
400m	Kyla Mrawczyk	9	Northern Highlands	
800m	n/a			
1600m	Christina Bagin	9	Holy Angels	
3200m	Monica Hebner		Northern Highlands	
HH	Iveya Slavova	12	Cresskill	
Int. Hurdles	Hannah Figueroa	11	Pascack Hills	
4x400m	Kyla Krawczyk	9	Northern Highlands	
	Robine Arami	12		

	Grace Smiechowski	9		
	Elizabeth Healy	10		
4x100m	Isabelle Dely	10	Paramus Catholic	
	Kiyara Santos	10		
	Lindsey Desir	9		
	Kennedy Cox	10		
	Mariah Fede	9		
4x800m	Megan Brockmeier	12	IHA	
	Victoria Sheldon	11		
	Jill Neggia	12		
	Fiona Ralph	11		
HJ	Kaela Monte	10	Ramsey	
HJ	Miku Okada	12	River Dell	
PV	n/a			
LJ	n/a			
TJ	n/a			
Shot	Catherine Light	11	Demarest	
Disc	Maria Bravo	12	Ridgefield Park	
Jav	n/a			
3rd Team	Name	Grade	School	Coach
100m	Jordan Mayo	10	Tenafly	
200m	Nicole Thomas	11	Park Ridge	
400m	Sam Sudol	11	Ramsey	
400m	Victoria Rasmussen	12	Glen Rock	
800m	Fiona Ralph	11	IHA	
1600m	Meghan Adams	11	Ridgewood	
3200m	Isabel Hebner	11	Northern Highlands	
HH	Mariah Fede	9	Paramus Catholic	
Int. Hurdles	Anne Karach	11	Cresskill	
4x400m	Alli Uhl	11	Park Ridge	
	Nicole Thomas	11		
	Rachel Spagnola	12		
	Megan Gasnick	11		
4x100m	Kim Lewis	12	River Dell	
	Grace Cepeda	12		
	Christina Ippolito	12		
	Julia DiBenedetto	11		
4x800m	Katie Keyes	10	Ridgewood	
	Meghan Adams	11		
	Evelyn Kotch	11		
	Olympia Martin	12		
HJ	n/a			
PV	Caroline McGann	11	Holy Angels	
LJ Tie	Angela Brooks	12	Saddle Brook	
LJ Tie	Anne Maria Scarpis	12	Bogota	
TJ	Monika Lucic	11	Hasbrouck Heights	
Shot	Brianna Hayes	12	Paramus Catholic	
Disc	Lexi Uzoarv	11	Ridgewood	
Jav	Nicole Sacchinelli	11	Fair Lawn	